

# OCTOBER 2019

S	M	T	W	T	F	S
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		



# NOVEMBER 2019



# DECEMBER 2019

S	M	T	W	T	F	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
27	28	29	30	31 Halloween	1 Cheese Pizza GF Cheese Pizza	2
3	4 Sloppy Joe's w/ Veggie V = Hot Veggie Sub	5 French Toast w/ Sausage & Fruit V= French Toast	6 Chicken Broccoli Alfredo V= Broccoli Alfredo	7 Chicken Cordon Bleu w/ mashed & Veggie V = Spring Rolls	8 Cheese Pizza GF Cheese Pizza	9
10	11 HONOR our VETERANS 11.11.2019 	12 Meatball sub w/ Green beans V= Veggie Burger	13 Taco salad V=Re-fried Bean	14 Stuffed Shells w/ salad V= Suffed Shells	15 Cheese Pizza GF Cheese Pizza	16
17	18 2 Hot dogs w/ Chips & cucumber slices V=Veggie Burger	19 Turkey Dinner V= Sauteed Veggies	20 French Toast w/ Sausage & Fruit V= French Toast	21 Chicken Nuggets w/ Fries & Veggie V=Mozzarella Sticks	22 Cheese Pizza GF Cheese Pizza	23 All Options include sides **Menu Subject to Change
24	25 Chicken Cutlet Sand w/ Rice Pilaf V=Veggie Burger	26 Taco Salad V= Re-fried Bean	27 	28	29	30 KEY V= Vegetarian GF= Gluten Free